

Health Fair for Body, Mind & Spirit: Towards Building Healthier Communities

6th ANNUAL HEALTH FAIR FOR ADULTS

Location: Knights of Columbus Hall
106 Bergen Avenue, Ridgefield Park, NJ 07660

Date: October 20, 2018 **Time:** 9:00 AM to 1:00 PM

Free Services to include:



Screenings and exams:

Sun Damage	Hearing	Stress	Sleep Disorders
Bone Density	Dentist	Vision	Diabetes Risk
Podiatrist	Nutritionist	Pharmacist	Blood Pressure
Blood Glucose	Exercise	Pulmonary Function	
Physical Exam	Measurements:	Height-Weight-BMI	

FLU & PNEUMONIA VACCINES AVAILABLE:
(Bring your insurance card)

WE WILL ALSO HAVE SAFE & SECURE MEDICINE DISPOSAL
FOR YOUR UNUSED MEDICATIONS

Plus Counseling, Information, & more!

SPONSORED BY:

Catholic Daughters of the Americas, Court St. Francis of Assisi
#2271

For more information, call:

Flora: 201-440-9427 or St. Francis: 201-641-6464