

**RIDGEFIELD PARK BOARD OF RECREATION**  
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**RIDGEFIELD PARK, NJ 07660**  
**VOICEMAIL (201) 641-4950 Ext. 610**  
[boardofrec@ridgefieldpark.org](mailto:boardofrec@ridgefieldpark.org)  
[www.ridgefieldpark.org](http://www.ridgefieldpark.org)

**DEAR PARENTS AND PLAYERS:**

Enclosed is a copy of the 2019-2020 basketball rules. These guidelines have been reviewed and agreed to by all Division Head Coaches in a meeting with the Board. Many of the rules are the same as in the past, only they have been formalized in writing so all coaches, referees, players and parents know what is expected. Some of the changes were made based on suggestions from parents and coaches both in writing and verbally. The Board hopes these rules give the players the best chance at a fair and competitive season. Due to mandate from the state of New Jersey, please note one VERY IMPORTANT rules revision:

**NO JEWELRY OF ANY KIND CAN BE WORN!!**

This includes new studs, which can no longer be taped over as in the past. Sorry, but there can be no exceptions.

The Board of Recreation and all its coaches are made up of volunteers, who have generously agreed to help **your** children. Please remember to thank these people and treat them with respect both on and off the court. Players, coaches and parents **WILL NOT** argue with referee's calls.

Enclosed for your review, please find a copy of the athletic code of conduct approved by Governor McGreevy on August 25, 2002. The Board of Recreation will strictly adhere to these guidelines.

The basketball program is always looking for those willing to give their time to help run the league smoothly. All it takes is one hour of practice per week and one game. Training sessions are run for coaches and/or referees. Assistance is provided to anyone willing to give his/her time to coach. You do not have to be a professional at the game to coach, only willing to donate your time for your own child. The Board of Recreation arranges to have a certification class (scheduled for date to be announced) for coaches. There are some divisions still needing coaches.

There is an insurance requirement that all coaches, referees and officials involved in sports programs need to successfully complete a program on the new Sports Concussion policy protocol. This needs to be done before anyone participates in a sports program. If you plan on participating in a sport in the future, please be sure to complete this free on-line course at your convenience. You must forward your certificate of completion to the Board of Recreation **before** you will be permitted to participate in any sports program.

The link for this website with the new Sports Concussion policy protocol is [www.NJMEL.org](http://www.NJMEL.org). New Jersey law is requiring that all organizations who use the Board of Education facilities comply with this program. The online training section has a link to a 40-minute free concussion training program and mini exam and at the conclusion the coach or parent will be able to print a certificate of completion.

The Board of Recreation is also looking for students in at least **seventh grade or higher** willing to train to be scorers/timers for the basketball program. No student under grade seven will be used. Please leave your name and telephone number on the Board of Recreation voice mail if you are interested and we will contact you with further information—Or you can fill out a sign-up sheet at the tryouts on 10/28 & 10/29. There will be a mandatory scorer/timer meeting on 12/4 @ 7:00 pm.

Complete schedules of all basketball divisions will be posted on the internet toward the end of November. To check when a game is scheduled, please go to [www.ridgefieldpark.org](http://www.ridgefieldpark.org) and click on the Board of Recreation.

Most importantly, please remember that the children's best interests are always our top priority!

There are also several reminders, which we must bring to everyone's attention in order to run this program smoothly.

1. Practices are closed with no unattended siblings or friends allowed to enter the schools. Coaches cannot be responsible to monitor siblings of players on their team.
2. Coaches will be instructed to allow in only the players and their parents at practices. At

Grant School, the doors will be locked at practice and at Lincoln School the fact that only the gym door is open will help coaches to control whom enters.

3. During games, there will be no basketballs allowed in the schools except for the teams playing. This is to stop the bouncing of balls in the hallways, the stages and on the court during breaks or the throwing of balls against the walls before, during and after the games. The referees will collect any balls brought into the gym during games.
4. At Lincoln School, **NO ONE** is allowed on the stage area or upstairs in the school for any reason. **Parents** must monitor their children during practices and games to ensure that no one enters these areas. Anyone caught in these locations will be asked to leave and face game suspension (players can be suspended due to action of their siblings).
5. Those watching games must exhibit good sportsmanship. Anyone who makes derisive remarks or gestures toward players or referees will be asked to leave the gym.
6. Please remember to park your car legally around the schools during practices and/or games. It is important that everyone be considerate of the people living around the schools and do not block driveways or obstruct a path for an emergency vehicle. The police department will issue tickets to those in violation.
7. It is very important that everyone involved with the program (parents, officials, coaches, etc.) understand that no alcohol or drugs can be used before or during any Board of Recreation activity. Any person arriving at an event under the influence will be asked to leave the gym and face suspension. The Board of Recreation holds the permit for these gyms and has the right to officially remove any unruly persons from the gym.
8. In case of injury, please note you must first go through your personal insurance company. The Village is the secondary insurance. Village insurance will only pick up what your personal insurance does not for services that are customary and reasonable (usually deductible and/or co-pays). If you have an HMO, you must go through your HMO carrier. If not, only 50% of the bill will be paid. Injury claim form must be submitted to the Board and GJEM Insurance Company (to Matt McArrow, GJEM Insurance, 363 Cedar Lane, Teaneck, NJ 07666 (201) 641-3800) within 60 days even if it is just notification and no bills. It is your responsibility to put the insurance carrier on notice even if you are waiting for doctor bills/explanation of benefits from the insurance carrier. You must immediately notify the Board of any injury.

This is a **RECREATIONAL AND INSTRUCTIONAL** league and we hope you can cooperate to maintain such. Your cooperation is greatly appreciated. All Board of Recreation meetings are open to the **public**. They are held on the third Thursday of the month at 7:00 p.m. at the Municipal Building on the third floor in the Dare Room. If you have any questions, comments or suggestions, you are more than welcome to attend any meeting. If you ever need to speak to the Board of Recreation, you may call 641-4950 ext. 610 and leave a message on our voice mail. If you wish to send a letter, please address it to the Board of Recreation at the above address or email [boardofrec@ridgefieldpark.org](mailto:boardofrec@ridgefieldpark.org).

The Board of Recreation is always welcome to hear your comments.

Thank you.

#### **RIDGEFIELD PARK BOARD OF RECREATION**

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**YOUR COACH WILL NOTIFY YOU OF A MANDATORY MEETING FOR ALL PARENTS AND PLAYERS TO REVIEW THESE RULES. PLEASE CAREFULLY READ THE RULES BEFORE THIS MEETING.**

**YOU WILL BE REQUIRED TO SIGN A FORM CONFIRMING YOUR UNDERSTANDING AND AGREEMENT TO FOLLOW THESE RULES BEFORE YOUR CHILD CAN PARTICIPATE IN A GAME!**

**THANK YOU!**

**For information on Board of Recreation activities, go to:**

[www.ridgefieldpark.org](http://www.ridgefieldpark.org)

**To contact Board of Recreation: [boardofrec@ridgefieldpark.org](mailto:boardofrec@ridgefieldpark.org)  
or call (201) 641-4950 ext. 610 voicemail**