BOARD OF RECREATION 234 MAIN STREET

RIDGEFIELD PARK, NJ 07660 Voicemail: 201-641-4950 ext. 610

boardofrec@ridgefieldpark.org

Info on activities: www.ridgefieldpark.org/board-recreation SPRING SESSION 5/4/24 – 6/15/24

INTRODUCTION TO WOMEN'S AND GIRL'S TAEKWONDO CLASS OPEN TO FEMALE ADULTS AND GIRLS (MINIMUM 15 YRS. OLD)

TAEKWONDO REGISTRATION: BRING FORM TO FIRST SESSION

Eligibility: Participants must be a minimum age of 15 to participate in program as well as live in or attend school in Ridgefield Park or work in Ridgefield Park. Open to Bogota, Little Ferry residents. Out-of-town residents will be accepted if space permits.

Fee options: \$30.00 (drop-in rate), \$80.00 (3 classes), \$150.00 (6 classes) Please make check payable to RP Board of Recreation.

WOMEN'S AND GIRL'S TAEKWONDO to be held on Saturday mornings: 10:00am – 11:00am BEGINS: May 4, 2024 – June 15, 2024 – No Taekwondo class on May 25 for Memorial Day Weekend. Please bring registration form and fee to the first session. Also, please email by Wednesday, May 1st so proper equipment is available for everyone. You will need to bring your own mat.

Held at: Ridgefield Park Civic Center, 159 Park Street, Ridgefield Park, NJ 07660 You will receive an email/text by 8:00 a.m. if Taekwondo class is cancelled for that day.

PLEASE FILL IN THE BELOW:						
Name:	Adult over age 18:	Town:				
Address:	Town:					
Telephone No.						
Youth – Age: (Minimum 15	rs. old) Email:	School:				
LIST ANY MEDICAL CONDITIONS:						
approval. I/We assume all risks and hany. We do hereby waive, release, ab	d for participation in Taekwondo class, hereby give my/our zards incidental to such participation including transportatiolve and agree to hold harmless the Village of Ridgefield Pahe organizers, supervisors, and the participants. If over the lagree to the above.	ark,				
CLEARLY PRINT NAME:						
If you have any questions, feel free to	PRM; CHILD CANNOT PARTICIPATE WITHOUT SIGNATURE* email the Board of Recreation at: boardofrec@ridgefieldpar kt. 610. Please remember these are volunteers and will respe	k.org				
NAME ON CHECK	CHECKNO. AMOUNT					