

Ridgefield Park Scarlets Junior Wrestling



Who Can Register:

- 1st – 6th Grade Students who attend the Ridgefield Park Elementary Schools
- 1st - 8th Grade Students who attend the Little Ferry School System
- * 7th and 8th Ridgefield Park Jr/Sr High School Students
- 1st – 8th Grade Students who attend the Bogota School System

Registration Dates: **October 17th – 24th**

Time: 6pm – 7pm

First Official Practice: **November 10th 6pm – 8pm**

Place: Ridgefield Park High School Auxiliary Gym **(Enter Through Door # 19)**

If you have any questions or concerns please contact **Coach Encarnacion @ 201-832-9417** to work out other arrangements. A \$45 Check Payable to: **RP Board of Recreation** is required to participate.

First time participants MUST bring a copy of their Birth Certificate.

****Once again this seasons practices will take place in a closed setting to ensure the best learning environment that is conducive to the wrestler****

Necessary Equipment

1. Wrestling Shoes (mandatory)
2. Headgear (mandatory)
3. Knee Pads (optional)
4. Mouthpieces (for those with Braces)

All of the necessary equipment can be purchased on the internet via Wrestling One.com or Modell's Sporting Good Store, Sports Authority, and Dicks' Sporting Goods Stores.

****You do not have to be a professional at wrestling to coach, you need to only be willing to donate your time for your own child. The Board of Recreation arranges to have a certification class (to be determined) for coaches. Only certified coaches will be allowed in the wrestling room during practice.****

For information on Board of Recreation activities, go to: www.ridgefieldpark.org
To contact Board of Recreation: rpboardofrec@gmail.com

Voicemail: (201) 641-4950 ext. 610